



Strength for parenting

Everyday routines

Happy moments with your baby

Peer support

BABY AND FAMILY GROUP

UNTUVA



KYMENLAAKSON
ENSI- JA TURVAKOTI-
YHDISTYS RY

**THERE IS
ALWAYS
HOPE**

**Are you the parent of a baby?
Are you expecting a baby
soon?**

UNTUVA provides professionally guided peer support and activities that strengthen parenting skills three times a week for six months.

Reasons for joining the baby and family group may include loneliness, limited support networks, ongoing exhaustion, low mood, or concerns about your child's development.

You can join Untuva without a referral, and the service is completely free of charge.

Don't hesitate to get in touch!

Phone:

- 044 355 0042 – Lead instructor, specialist infant support
- 044 744 0333 – Instructor, specialist infant support

The group meets in Kotka:
Kymenlaakson Ensi- ja turvakotiyhdistys ry
Savotta Activity Centre, Untuva: Entrance A
Mussalontie 428, 48310 Kotka

1/2026

kymenlaaksonensijaturvakoti.fi

